



CCR – College and Career Readiness

Useful Tips for Parents and Students:

Identify Interests and Abilities

- Celebrate student strengths, point them out regularly
- Get connected to school and others through a variety of activities including sports, clubs, arts, leadership, and service



Improve your Academic Skills

- Encourage career exploration and school achievement
- Realize performance now directly effects future success
- Maintain good attendance and a positive attitude
- Ask for help from a teacher, parent, counselor or friend. Teacher are available to help after school.
- Stay organized – use a planner and check skyward
- Manage your time – make study time a part of your routine. Use end of class time to finish work
- Study smart in a quiet place for about 70 min per day
- Believe in yourself – you can do it. Set goals for school
- For tests- be prepared, relax, come back to hard questions and show work. Ask teachers for tips about what to study.



Create a Plan for High School and Beyond

- Visit the **CVJH Counseling Website @ canyonview.alpineschools.org/counseling/** <https://jobs.utah.gov/wi/data/library/occupation/occupationandash.html> Learn about Utah job supply and demand trends
- Develop a plan to pay for college using savings, scholarships & other resources.
- Research college and career options that fit student's interests and abilities but also prepare them for a wide range of necessary jobs. Explore colleges, careers and ways to prepare & pay for college @ www.ktsutah.org



LOCAL UNIVERSITY INFORMATION



BYU Admission avg. 3.85 GPA / ACT 29 Suggest AP/IB courses, leadership, extra-curricular act., service, seminary, and college prep coursework byu.edu



SUU Admission - freshmen must have an admissions index of 90 or higher (ex. 3.0 GPA, 17 ACT / 2.5 GPA, 22 ACT) See index below suu.edu



U of Utah Admission avg. 3.6 GPA/ ACT 25 AP/IB courses, 2 years foreign lang. academic achievements, extra-curricular act, diversity, community involvement, college prep coursework utah.edu



USU Admission – freshmen must have an admissions index of 90 or higher (ex. 3.0 GPA, 17 ACT / 2.5 GPA, 22 ACT) Minimum GPA is 2.5 and minimum ACT is 17 usu.edu



WSU Admissions evaluated case by case w/ most accepted weber.edu



UVU - Open Admissions / must take the ACT uvu.edu Dixie State College Open Admissions / must take the ACT dixie.edu



Snow College snow.edu Salt Lake Community College slcc.edu Westminster College westminstercollege.edu

Develop the Best Available Schedule

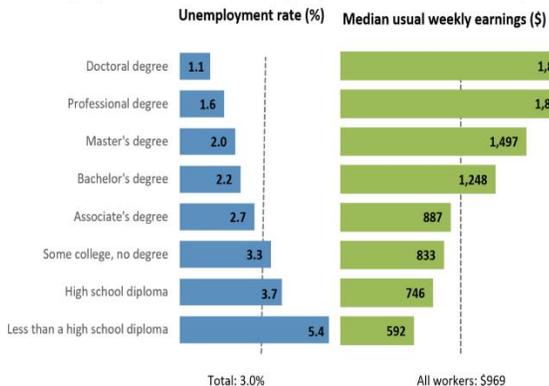
- Fulfill 7th and 8th grade Completion and High School Grad. Requirements
- Explore all course offerings
- Plan a challenging & balanced schedule
- Learn college entrance requirements



Parents Should Become Involved

- Students want parents involved. Parents influence their student's educational success more than any other factor
- Attend CCR & parent conferences
- Use alpineschools.org ; click parents and students and then skyward - login to regularly monitor grades and attendance

Unemployment rates and earnings by educational attainment, 2019



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers. Source: U.S. Bureau of Labor Statistics, Current Population Survey.

SAT CR-M	ACT	GPA																													
		4.0	3.9	3.8	3.7	3.6	3.5	3.4	3.3	3.2	3.1	3.0	2.9	2.8	2.7	2.6	2.5	2.4	2.3	2.2	2.1	2.0	1.9	1.8	1.7	1.6	1.5	1.4	1.3	1.2	1.1
1600	36	142	140	138	136	135	133	131	129	128	126	124	122	121	119	117	115	113	112	110	108	106	105	103	101	99	97	96	94	92	90
1540	35	140	138	136	135	133	131	129	128	126	124	122	120	119	117	115	113	112	110	108	106	105	103	101	99	97	96	94	92	90	89
1490	34	138	136	135	133	131	129	128	126	124	122	120	119	117	115	113	112	110	108	106	105	103	101	99	97	96	94	92	90	89	87
1440	33	136	135	133	131	129	128	126	124	122	120	119	117	115	113	112	110	108	106	105	103	101	99	97	96	94	92	90	89	87	85
1400	32	135	133	131	129	128	126	124	122	120	119	117	115	113	112	110	108	106	104	103	101	99	97	96	94	92	90	89	87	85	83
1360	31	133	131	129	128	126	124	122	120	119	117	115	113	112	110	108	106	104	103	101	99	97	96	94	92	90	88	87	85	83	81
1330	30	131	129	127	126	124	122	120	119	117	115	113	112	110	108	106	104	103	101	99	97	96	94	92	90	88	87	85	83	81	80
1290	29	129	127	126	124	122	120	119	117	115	113	112	110	108	106	104	103	101	99	97	96	94	92	90	88	87	85	83	81	80	78
1250	28	127	126	124	122	120	119	117	115	113	112	110	108	106	104	103	101	99	97	96	94	92	90	88	87	85	83	81	80	78	76
1210	27	126	124	122	120	119	117	115	113	112	110	108	106	104	103	101	99	97	96	94	92	90	88	87	85	83	81	80	78	76	74
1170	26	124	122	120	119	117	115	113	111	110	108	106	104	103	101	99	97	96	94	92	90	88	87	85	83	81	80	78	76	74	72
1130	25	122	120	119	117	115	113	111	110	108	106	104	103	101	99	97	96	94	92	90	88	87	85	83	81	80	78	76	74	72	71
1090	24	120	119	117	115	113	111	110	108	106	104	103	101	99	97	95	94	92	90	88	87	85	83	81	80	78	76	74	72	71	69
1050	23	119	117	115	113	111	110	108	106	104	103	101	99	97	95	94	92	90	88	87	85	83	81	80	78	76	74	72	71	69	67
1020	22	117	115	113	111	110	108	106	104	103	101	99	97	95	94	92	90	88	87	85	83	81	79	78	76	74	72	71	69	67	65
980	21	115	113	111	110	108	106	104	103	101	99	97	95	94	92	90	88	87	85	83	81	79	78	76	74	72	71	69	67	65	64
940	20	113	111	110	108	106	104	103	101	99	97	95	94	92	90	88	87	85	83	81	79	78	76	74	72	71	69	67	65	64	62
900	19	111	110	108	106	104	103	101	99	97	95	94	92	90	88	87	85	83	81	79	78	76	74	72	71	69	67	65	63	62	60
860	18	110	108	106	104	102	101	99	97	95	94	92	90	88	87	85	83	81	79	78	76	74	72	71	69	67	65	63	62	60	58
820	17	108	106	104	102	101	99	97	95	94	92	90	88	87	85	83	81	79	78	76	74	72	71	69	67	65	63	62	60	58	56
780	16	106	104	102	101	99	97	95	94	92	90	88	86	85	83	81	79	78	76	74	72	71	69	67	65	63	62	60	58	56	55
740	15	104	102	101	99	97	95	94	92	90	88	86	85	83	81	79	78	76	74	72	71	69	67	65	63	62	60	58	56	55	53
700	14	102	101	99	97	95	94	92	90	88	86	85	83	81	79	78	76	74	72	71	69	67	65	63	62	60	58	56	55	53	51
660	13	101	99	97	95	94	92	90	88	86	85	83	81	79	78	76	74	72	70	69	67	65	63	62	60	58	56	55	53	51	49
620	12	99	97	95	94	92	90	88	86	85	83	81	79	78	76	74	72	70	69	67	65	63	62	60	58	56	55	53	51	49	47
580	11	97	95	93	92	90	88	86	85	83	81	79	78	76	74	72	70	69	67	65	63	62	60	58	56	55	53	51	49	47	46
540	10	95	93	92	90	88	86	85	83	81	79	78	76	74	72	70	69	67	65	63	62	60	58	56	55	53	51	49	47	46	44
500	9	93	92	90	88	86	85	83	81	79	78	76	74	72	70	69	67	65	63	62	60	58	56	55	53	51	49	47	46	44	42
460	8	92	90	88	86	85	83	81	79	77	76	74	72	70	69	67	65	63	62	60	58	56	55	53	51	49	47	46	44	42	40
420	7	90	88	86	85	83	81	79	77	76	74	72	70	69	67	65	63	62	60	58	56	54	53	51	49	47	46	44	42	40	38
380	6	88	86	85	83	81	79	77	76	74	72	70	69	67	65	63	62	60	58	56	54	53	51	49	47	46	44	42	40	38	37
340	5	86	85	83	81	79	77	76	74	72	70	69	67	65	63	61	60	58	56	54	53	51	49	47	46	44	42	40	38	37	35

7th – 8th Grade Completion Requirements

2.0 Credits of English/Language Arts

1.0 English 7

1.0 English 8

2.0 Credits Science

1.0 7th Int. Science

1.0 8th Int. Science

1.5 Credits History

.5 Utah History (7th)

1.0 U.S. History (8th)

2.0 Credits Math

1.0 7th Grade Math (Intermediate Math I)

1.0 8th Grade Math (Intermediate Math II)

7.5 CORE Credits

6.5 Credits of electives *

14 Credits Total

* All 7th graders are required to take 1.0 unit of College & Career Awareness, .5 unit of PE, and .5 unit of Health. 8th graders are required to take .5 unit of PE. Students who have an IEP must meet requirements set by an IEP team for a completion certificate. Additional core classes above 7.5 credits count as elective credit. D-grades or higher get credit.



High School Graduation Credit Requirements 9th to 12th

*Specific requirements apply in each category

4.0 English/Language Arts

3.0 Math

3.0 Science

3.0 Social Studies

1.5 Fine Arts

9.5 Electives (or any extra credits from required classes)

28 Total Credits

(9th grade required classes are 1.0 credit English 9, 1.0 credit Math, 1.0 credit Science, .5 credit World Geog., .5 credit World Civ., and .5 credit P.E. Some of these classes are not offered at the local high schools.)

Credit recovery can be done through Alpine School District summer school courses, BYU Independent Study, East Shore High School, or a state approved competency testing center. There is a cost for most options. Contact your Counselor for more information.



THS T-Wolves



OHS Tigers



11 Survival Words in Planning for School Success

11. Credit – .25 Credits are awarded for each D- grade or higher. Certain credits are required to earn certificates for completing Jr. High and H.S. Failing or taking fewer classes means you must make up credit in Summer School (9th-12th), East Shore High (9th-12th) or an approved school.

10. MTECH – Mountainland Technical College has certification programs for entry-level careers in health care, auto repair, computers, culinary arts, manufacturing, commercial truck driving, apprenticeships (HVAC, plumbing and electrician), and welding. Classes can be taken during H.S. for credit at a significant discount. <https://mtec.edu/>

9. Financial Awareness - learn how to pay for your college education. The Utah Educational Saving Plan (UESP) is one option www.uesp.org/ The FAFSA (Free Application for Federal Student Aid) can be filed fall of your senior year. Some students qualify for grants (free money) that are used to help pay for college <https://fafsa.gov/>

8. ACT - The American College Test measures your preparedness for college in math, English, science and reading. The ACT is required for college entrance. It can be taken more than once, but is recommended during your junior or senior year of H.S.



7. Cumulative GPA - an avg. of grades earned throughout school. Divide total grade points by total classes (A = 4, B = 3, C = 2, D = 1 and add .3 for each + and subtract .3 for each -).

6. AP/Honors - advanced courses that may be taken in high school. Passing AP tests will give you college credit.

5. Concurrent Enrollment - an opportunity for high school students to earn college credit while in high school at a huge savings. Most classes count for both H.S. and college credit. For more information go to uvu.edu/concurrent

4. Utahmajors.org – find out which certificates or degrees are offered at local public colleges. Search by degree or college.

3. schools.shmoop.com/utah – a website designed to help Utah students prepare for the ACT, AP and other test. Free test preparation is available to all Utah students. Visit the above website, select your school, and click let's go. The magic word is "WASATCH" (all caps).

2. Scholarships - cash awards used to pay some or all tuition, book and other college costs. Grades, talents and leadership skills can qualify a student for scholarships. Use the local H.S. Counseling websites to view lists of available scholarships or ask your counselor.

1. Utah Regents Scholarship – Utah high school graduates who meet all the requirements and deadlines for the Regent's Scholarship could receive an award for up to four semesters. See regentscholarship.org for details.

