

PRINCIPAL'S NEWSLETTER

FEBRUARY 5, 2024



EVENTS 2/5-2/19 (SCHOOL EVENTS, PTA EVENTS, HOLIDAYS)

2/5-2/11 (B-WEEK)

2/12-2/19 (B-WEEK)

Homeroom: Growth Mindset

- 5 Boys' Basketball Game vs. PGJR
- 5 Girls' Basketball Game @ PGJR
- 8 Boys' Basketball Game vs. Canyon View 3:00-4:30
- 8 Girls' Basketball Game @ Canyon View 3:00-4:30
- 9 Oak Canyon's Got Talent Applications Due
- 9 Teacher Work Day--No School for Students

Homeroom: Character, Honesty, and Integrity

- 12 Science Demo Team to Bonneville Ele. 8:00-12:00
- 13 Eagle of the Month 9:00 in the Library
- 13 PTSA Meeting 9:30-10:30 in the Library
- 13 Valentine's Day Dance 2:15-3:15
- 14 Valentine's Day
- 14 Hall's Class to Scera Theater 9:30-12:00
- 15 District Jazz Festival @ Oak Canyon
- 15 Student Council Elections Parent Mtg.
- 19 Presidents' Day--No School

PRINCIPAL'S MESSAGE

One week ago, I found myself in Thailand riding an elephant with my husband and youngest daughter. I love to travel, but Thailand felt pretty exotic. I knew we'd be interacting with elephants, climbing a waterfall, snorkeling, and eating a bunch of foreign foods--I was terrified. I thought about how our students must feel when they encounter new and challenging situations. I thought about how we've been talking about having a growth mindset, taking risks, and learning from mistakes as we have talked about creativity this month. I was inspired and resolved to stretch myself and try new things in Thailand. I'm so glad that I did. I was tempted to just stand off to the side and watch my husband and daughter have this experience, but I decided to participate. Feeding, washing, and riding an elephant was transformational--I don't know if I'll ever get over it. I think there are many times in life where we have a choice--to be participants or to be spectators. There is value in both; however, I would encourage our students to step out of their comfort zones every now and then and experience school through a different lens. Attend a school activity, participate in a class discussion, have a conversation with someone new, sit by someone different at lunch/in class, give someone a compliment, design a new solution to an old problem, etc. This is how we grow, this is how we discover things about ourselves we would have never known otherwise. I'm grateful to have had the opportunity to experience this first-hand. And I'm also glad to be back to work! It's going to be a great week at Oak Canyon!



Mrs. Ross

NEW INFORMATION

STAKEHOLDERS' REPORT 2023-2024

Each year we are required to create a Stakeholders' Report to inform our school community and patrons about how we are doing as a school--our priorities, progress, and school community council information (goals, budget expenditures, membership, meetings). This will be sent to patrons electronically on Monday; however, you can access it by clicking [here](#). Hard copies will be available in the office this week.

FROM THE OAK CANYON PTSA

OAK CANYON'S GOT TALENT: Eagles, it's time to show us what you've got at our annual Oak Canyon's Got Talent event on Friday, March 8 at 7:00 PM! **Click on the link below to submit your application by 3:15 on Friday, February 9th.** Please pay careful attention to the instructions on the form so you don't miss anything important. By the end of the school day on Friday, February 23rd, the list of all students that have been selected to perform in the evening event will be posted by the Front Office. Get your application in today! **[OCJH Has Talent](#)**

EAGLE CARDS ON SALE NOW! Eagle cards are on sale for the rest of the year. They will be \$5 now instead of \$7 and you can buy them at the finance office or at PTSA meetings. There are awesome deals to be had, so spread the word!

OAK CANYON PTSA OPPORTUNITIES FOR 2024-2025: We are looking to involve and recruit great parents and families who are joining OCJH! As a PTSA we are involved in a lot of purposeful, meaningful, and super fun things at the school and we are always looking for great help!



HOMEROOM SHUFFLE COMPLETE

As of Monday, January 29, most students have a new homeroom class. Here is what you need to know:

- The point of homeroom is to create opportunities for students and staff to connect and to deliberately focus on the skills and dispositions one needs to be a lifelong learner (the 6 Cs).
- Students and staff have been surveyed throughout this year to gather data about how homeroom has gone so far. In looking at the data we noticed two things: 1. Most homeroom classes were very imbalanced as far as genders were concerned, and 2. Student and teacher surveys from December indicated that an increasing number were having a hard time in their homerooms or would like a switch in their homeroom assignment than when we surveyed in October. It is important to note that we really read those surveys, and we take them seriously. These changes are a result of people asking for them.
- The adults in the building are working on developing the 6 Cs in ourselves too, so we communicated, collaborated, critically considered and thought about the situation, and we got creative about how we might address the roster imbalances as well as the overall experiences that students and teachers were having in homeroom.
- Although teachers did not want to see their homeroom students go, it was a unanimous decision to shuffle the homeroom rosters. Teachers also wanted to try some action research. For that reason, we left 5 homeroom classes the same as the constants. Then we created two new kinds of homerooms: those with students from all three grades mixed and those with students from only their same grade. We are hopeful that this will give us some really good insights into what works best in homeroom as we consider what it might look like next year.
- We ask all students to give these new homeroom assignments a chance. As before, we are not making changes to homeroom assignments at this time. We ask everyone to go forth with a positive attitude and give your new homerooms a chance. Participate. Get to know each other. Make Oak Canyon a little kinder.

PRE-SEASON TRACK OPPORTUNITY FOR STUDENTS

Pre-season track begins this week! Tuesdays and Thursdays 2:30-3:30, meeting at the weight room.

https://docs.google.com/document/d/e/2PACX-1vSwyvetfFLLvsqqFrqfUTmw2nvvnVKD5hxOjP6iPz_pwtbseEuUIL9IFB7Wzgz23mwJpH-2ktfTb9S1/pub

ATTENTION SEMESTER 1 CERAMICS STUDENTS!

1st Semester Ceramic students, Come to Ms. Ottersons and get your ceramic projects! For projects that didn't get glazed you may take them home or you may come after school to glaze them and she will fire them for you.

FRIDAY, FEBRUARY 9TH TEACHER WORK DAY--NO STUDENTS

This Friday, February 9th, is a teacher work day. Which means that there is **no school** for students on Friday. Please plan accordingly.

OAK CANYON MATH CLUB REPRESENTS AGAIN

On February 3, four students from Oak Canyon spent their Saturday morning doing math. Seventh graders Jennifer Gu and Colin Rule and eighth graders Chelsea Pence and Brigham Woahn represented Oak Canyon and all of Alpine School District at the MATHCOUNTS Chapter Competition at Brigham Young University. We are delighted to report that Brigham Woahn placed 6th overall from a field of more than 100 participants, including students from Provo School District, Nebo School District, homeschoolers, and private and charter schools.



START SPREADING THE GOOD NEWS!

Parents, we would like to spotlight Oak Canyon students that are up to great things outside of school. The challenge is that we are not always aware of these student accomplishments/events to be celebrated. Please click on this link if you'd like your student to be spotlighted in a future edition of the Principal's Newsletter!

<https://forms.gle/KvYAYNkbDtwrMbpA6>

LINDON CARES COMMUNITY EVENTS

Teen Coping Skills Class

Come learn stress management, social skills, and communication in fun and engaging ways.

Jan 23- Feb 22
Tuesdays/Thursdays
Age 12 and up, 5-6pm

Class is FREE!
Sign-up online at lindonrecreation.org
Taught by a Recreational Therapist



communities that care coalition

WHAT DOES MY ANXIOUS CHILD NEED FROM ME?

Everyday Strong Resilience Training

FOR ANY CARING ADULT

Thursday February 8th
6pm
Timpanogos Academy
Gym (West bldg)

What you will learn:

- How to get your child to talk to you
- Plus, receive simple ideas to support your child's motivation and emotional health
- How to ask your child questions that improve your relationship (without causing them to shut down!)



EveryDay Strong



Physical needs
Emotional
Social
Safety
Cognitive

Strengthen Your Relationships

FREE WORKSHOP

for parents of kids aged 9-14



GUIDING GOOD CHOICES

- ◆ Dinner for the whole family
- ◆ \$50 gift basket
- ◆ *Must be able to attend all 5 sessions
- ◆ Childcare for ages 8 and under
- ◆ Activities for ages 9 and up

MONDAYS 6PM-8PM
LINDON COMMUNITY CENTER
25 N Main St Lindon

Jan. 22 Jan. 29 Feb. 5
Feb. 12 Feb. 26

Sign up now!

Questions?
Contact Jamie
801-755-7286
jensen@lindoncity.org



THIS NO-COST WORKSHOP IS SPONSORED BY:



communities that care coalition

PG CARES COMMUNITY EVENTS



PGCares
COMMUNITY CONNECTION EVENT

Save the Date



BEN KJAR
World Wrestling Champion
& International Public Speaker

For Adults
& Teens

Community Connection Event

Pleasant Grove High School Auditorium

☰ **Wed. Feb. 21st at 7pm** ☰

**RESOURCE Booths &
REFRESHMENTS** in the PGHS
Common Area starting at 5:30pm

All attendees will be entered to win prizes from PG Cares!



¡FORTALEZCA TUS CONEXIONES!

TALLER GRÁTIS

para padres de niños desde los 9 a los 14 años

Guiding Good Choices es un programa nacional con fundamentos científicos para padres que tienen hijos en el 4º al 8º grado. Durante cinco semanas, aprenderás como

- fortalecer los vínculos familiares
- mejorar la comunicación
- manejar mejor el conflicto
- ayudar a tus hijos evitar la conducta riesgosa




EL TALLER GRÁTIS INCLUYE:

- ✓ Cena para toda la familia
- ✓ Guardería para los niños menor de 8
- ✓ Cesta de regalo al valor de \$50*
- ✓ Actividades para los niños mayor de 9

*Se requiere asistencia a todas las cinco clases



LOS MARTES

6PM-8:30 en el PG Rec Center

20 FEB 27 FEB
5 MAR 12 MAR
19 MAR

INSCRÍBETE AHORA



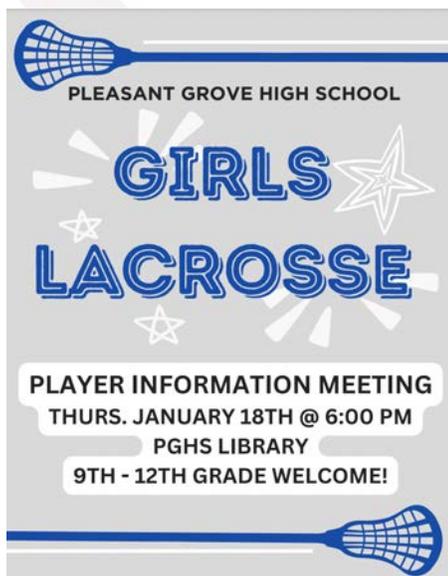
THIS NO-COST WORKSHOP IS SPONSORED BY: **PGCares**

Questions? Contact Nicole: 208-855-0367
nkhounthamillipity.org
www.PGCaresUtah.org

OTHER FAMILY/STUDENT OPPORTUNITIES

FREE ZOOM MENTAL HEALTH PARENT NIGHT (BULLYING - STOP THE CYCLE)

The ASD Student Support Services Department is partnering with the Cook Center for Human Connection to present a series of courses to support parents. These courses will be held virtually over Zoom, and the next course, "Bullying - Stop the Cycle," is scheduled for Thursday, February 20 from 6:30-7:30pm. Parents can pre-register for the [ENGLISH](#) and [SPANISH](#) courses. [CLICK HERE](#) for more information.



PLEASANT GROVE HIGH SCHOOL

GIRLS LACROSSE

PLAYER INFORMATION MEETING
THURS. JANUARY 18TH @ 6:00 PM
PGHS LIBRARY
9TH - 12TH GRADE WELCOME!



Take part in a FREE 8-week Family Life Education Course with the **UVU STRONGER FAMILIES PROJECT**

Build On Your Family's Strengths & Values!

Using an evidence-based, nationally-recognized curriculum, we teach both parents and children how to improve their interaction and emotional patterns within the family.

In-person sessions will be delivered at locations in Utah County.

Classes begin the week of Jan. 29th and are held one evening per week through Mar. 28th

Classes are for the entire family.
Sessions fill up quickly and space in the program is limited.

Spring Sessions:	Covered Topics:
Tuesday Night: Orem Jr. High 650 W. Jaguar Ave., Orem 6:30-8:00 pm	<ul style="list-style-type: none"> • Healthy Patterns of Communication • Family Interpersonal Skills • Conflict Resolution • Emotional & Mental Health • Positive Discipline
Thursday Night: UVU Campus SFP Bldg. 1140 S. 400 W., Orem 6:30-8:00 pm	<ul style="list-style-type: none"> • Problem Solving • Goal Setting and Achievement • Anger Management • Establishing Family Values

Apply at: <https://www.uvu.edu/sfp/apply/>

strongerfamilies@uvu.edu • 801.863.7235 • www.uvu.edu/sfp
www.facebook.com/UVUStrongerFamiliesProject/

TIMPANOGOS GIRLS SOCCER

Parent / Player Meeting

Monday March 4, 2024 @ 7 pm

THS Little Theater

Come meet the Coaching Staff & learn about Summer camps, Conditioning, and Fall Tryouts!

Questions? Contact Robyn Bretzing / rbretzing@alpinedistrict.org

TIMPANOGOS HIGH SCHOOL FRESHMAN VOLLEYBALL TRYOUTS

Who: Boys grades 6th-9th

When: March 4th and 5th from 6:30-8:30pm

Where: Timpanogos High School Gym

Questions? Contact Aubrey Woahn 801-850-8110 or text @e28h3f46 to 81010



REMINDERS

BYU DISCOVER STEM FAIR FOR 6TH-8TH GRADERS

The BYU Mathematics Education Association is hosting our annual "Discover STEM" event for 6th-8th grade students on Saturday March 9, 2024, 9:00-12:00 at the BYU Wilkinson Center. The Discover STEM Event is **free** and is an excellent opportunity for your students (and you!) to see real-world applications of mathematics, statistics, science, engineering, computers, technology, and other STEM fields. Your students will learn and have fun as they experience the interactive and interesting activities provided by members of various STEM-related clubs at BYU!

All 6th, 7th, and 8th grade students may attend with their parents, and we are hoping you can help spread the word by announcing this to your class and including it in emails you send to your students' parents.

Students should pre-register (for free) for the event by February 6th, and they will receive a free t-shirt for doing so. T-shirts will be limited to the first 500 students who pre-register. Here is the link to give the students and their parents for pre-registering.

STUDENT PRE-REGISTRATION (by Feb 6th): <https://forms.gle/1mkp4uCvHAYqqatXA>

The Discover STEM Event is open-house style, so students and teachers do not need to be there at 9 or stay until noon. However, the more time available to students the more activities (50+) they can enjoy! Here is a link to help get students excited about the event.

DISCOVER STEM YOUTUBE VIDEO: <https://www.youtube.com/watch?v=coU-ZQGps44>

Quick summary of event details:

When: Saturday March 9:00-12:00 (open-house style)

Where: Garden Court in the Wilkinson Student Center at BYU

To do: Please pre-register using the links above!

OAK CANYON TSA--FROM MR. REDFORD

Students and Parents,

Our school Technology Student Association (TSA) club is getting ready for our state competition. There are over 30 competitions for you to compete in. 9th graders who place 1st at the state competition will be invited to compete in the National Competition this summer in Orlando Florida. Come see Mr. Redford if you have any questions. We meet in room F115 on Thursdays from 2:30-3:30. Hope to see you there.



ASD RISE NOMINATIONS

Do you know a teacher or school employee who is Remarkable, Inspiring, Selfless, and/or Encouraging? Nominations are now open for the [2023-2024 ASD RISE Award](#). Nominees will be recognized at their school, highlighted on our website, and a few each month will be selected for Board Recognition during a Board meeting at the District Office.

UTAH JAZZ/INSTRUCTURE NOMINATIONS

Nominations are now being accepted for the Utah Jazz MVE (Most Valuable Educator) Award. If there is an #ASD educator who has had an impact on your student, please nominate them [HERE](#). Each honored educator will be a guest of Instructure at a game and will receive a personalized Jazz jersey. In addition, they will receive a \$1,000 classroom grant and a surprise classroom visit or organized assembly involving the Jazz Bear mascot and personnel from the Utah Jazz and Instructure. We have AMAZING teachers!!